

AllFitness Karate Code of conduct for parents and carers



Note: Where we refer to 'parents' we mean parents and carers inclusively. The term 'children' or 'child' describes any person under the age of 18. Any reference to 'Club' refers to AllFitness Karate.

As a parent of a child taking part in our club or activity, we'd like you to:

The Essentials

- Make sure your child has the right kit for the session as well as enough to drink and food where necessary.
- Try to make sure your child arrives at the sessions on time and is picked up promptly; or let us know if you're running late or if your child is going home with someone else.
- Complete all consent, contact and medical forms and update us straight away if anything changes.
- Make sure your child wears any protective kit required.
- Maintain a good relationship with your child's instructor and catch up with them as much as you can about your child's development.
- Talk to us if you have any concerns about any part of your child's involvement - we want to hear from you.

Behaviour

- Try and learn about your child's karate and what it means to them.
- Take the time to talk to your child about what you both want to achieve through karate.
- Remember that children get a wide range of benefits from participating in karate, like making friends, getting exercise and developing skills. It's not all about wins and losses.
- Listen when your child says they don't want to do something.
- Behave positively in the dojo – give encouragement, say "Well done" and let your children know you're proud of what they're doing.
- Think about how the way you react and behave affects not just your child but other children too.
- Encourage your child to respect and celebrate differences in the club.
- Lead by example when it comes to positive behaviour in the dojo or at competitions and let other parents take their cues from you, as well as from us.
- Accept any official's judgment and do not enter the competition area.
- Use social media responsibly when talking about what goes on at our club, by behaving in the same way online as you would in person.
- Talk to your child about embracing good etiquette and sportsmanship.
- Encourage your child to play by the rules.
- Ensure that your child understands their own code of conduct.

AllFitness Karate Code of conduct for parents and carers



As a parent, we understand you have the right to:

- Be assured that your child is safeguarded during their time with us.
- See any of our policies and procedures at any time.
- Know who the safeguarding officer is, who is responsible for your child, and have their contact details.
- Be involved and contribute towards decisions within the club or activity.
- Know what training and qualifications our instructors and staff have.
- Be informed of problems or concerns relating to your child.
- Know what happens if there's an accident or injury, be informed if your child is injured and see records of any accidents.
- Have your consent sought for anything outside of our initial consent form.
- Have any concerns about any aspect of your child's welfare listened to and responded to.

We expect all parents to follow the behaviours and requests set out in this code. If any parent behaves in a way which contradicts any of the points set out above, we'll address the problem straight away with the parent and aim to resolve the issue. Persistent concerns or breaches may result in parents being asked not to attend training or competitions if their attendance is considered a risk to the welfare and enjoyment of young participants.

Continued issues and repeated breaches of this code may result in us regrettably asking your child to leave the club permanently, something we never want to do.

Policy Owner:	Julie Taylor
Policy approved by:	AllFitness Karate
Date Policy approved:	July 2026
Next review Date:	July 2027