



AllFitness Karate Code of conduct for children and young people

Note: Where we refer to 'parents' we mean parents and carers inclusively. The term 'children' or 'child' describes any person under the age of 18. Any reference to 'Club' refers to AllFitness Karate.

As a young person taking part in our club or activity, we'd like you to follow this guidance:

The Essentials

- Keep yourself safe by listening to your instructor or coach, behaving responsibly and speak out when something isn't right.
- When you're with us, stay in the places where you're supposed to, don't wander off or leave without telling your instructor or coach.
- Take care of our equipment and premises as if they were your own.
- Make it to training on time and if you're running late, let your instructor know.
- Wear appropriate kit to each lesson and bring relevant training equipment.
- Do not smoke or consume alcohol on our premises or during lessons, competitions or when representing us.

Behaviour

- Respect and celebrate differences in our club and do not discriminate against anyone else on the grounds of gender, race, sexual orientation or ability.
- Report any incidents of bullying, including homophobia and transphobia to an instructor, even if you're just a witness.
- Treat other young people with respect and appreciate that everyone has different levels of skill and talent
- Make our club or activity a welcoming and friendly place to be
- Support and encourage your team mates. Tell them when they've done well and be there for them when they're struggling
- Respect our instructors and coaches and any other staff or volunteers and the staff and young students from other clubs.
- Be a good sport, celebrate when you/we win and be gracious when you/we lose.
- Play by the rules and have fun.
- Get involved in club or activity decisions, it's your club too
- Follow the dojo rules at all times



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As a young person taking part, we understand you have the right to:

- Enjoy the time you spend with us and know that you're safe.
- Be told who you can talk to if something's not right.
- Be listened to.
- Be included.
- Be involved and contribute towards decisions within the club or activity.
- Be respected by us and other team members and be treated fairly.
- Feel welcomed, valued and not judged based on your race, gender, sexuality or ability.
- Be encouraged and develop skills with our help.
- Be looked after if there's an accident or injury and have your parents informed if needed.

We expect all young people to follow the behaviours and requests set out in this code. If any young person behaves in a way which contradicts any of the points set out above, we'll address the problem straight away with parent's involvement and aim to resolve the issue.

Continued issues and repeated breaches of this code may result in us regrettably asking you to leave the activity, event or club permanently, for the welfare of other young people and our instructors. This is something we never want to do.

Policy Owner:	Julie Taylor
Policy approved by:	AllFitness Karate
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